



# Can you spot the problem gambler?

**Problem gambling can be difficult to recognize because the symptoms aren't physical. Everything may seem fine on the outside, but on the inside they're struggling. Relationships, homes, and even lives are often at risk - and the fear and stress can be overwhelming.**

**The Problem Gambling Helplines are here and ready to help.**

**Call 1-800-GAMBLE-5  
Text 850-888-HOPE  
Visit [wi-problemgamblers.org](http://wi-problemgamblers.org)**



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